

Part VI: Summary of the risk management plan

Summary of risk management plan for Melatonin Vitabalans (melatonin)

This is a summary of the risk management plan (RMP) for Melatonin Vitabalans. The RMP details important risks of Melatonin Vitabalans, how these risks can be minimised, and how more information will be obtained about Melatonin Vitabalans' risks and uncertainties (missing information).

Melatonin Vitabalans' summary of product characteristics (SmPC) and its package leaflet (PL) give essential information to healthcare professionals and patients on how Melatonin Vitabalans should be used.

I. The medicine and what it is used for

Melatonin Vitabalans is authorised for short-term treatment of jet lag in adults (see SmPC for the full indication). It contains melatonin as the active substance and it is given by oral route of administration.

II. Risks associated with the medicine and activities to minimise or further characterise the risks

Important risks of Melatonin Vitabalans, together with measures to minimise such risks and the proposed studies for learning more about Melatonin Vitabalans' risks, are outlined below.

Measures to minimise the risks identified for medicinal products can be:

- Specific information, such as warnings, precautions, and advice on correct use, in the package leaflet and SmPC addressed to patients and healthcare professionals;
- Important advice on the medicine's packaging;
- The authorised pack size — the amount of medicine in a pack is chosen so to ensure that the medicine is used correctly;
- The medicine's legal status — the way a medicine is supplied to the patient (e.g. with or without prescription) can help to minimise its risks.

Together, these measures constitute *routine risk minimisation* measures.

II.A List of important risks and missing information

Important risks of Melatonin Vitabalans are risks that need special risk management activities to further investigate or minimise the risk, so that the medicinal product can be safely taken. Important risks can be regarded as identified or potential. Identified risks are concerns for which there is sufficient proof of a link with the use of Melatonin Vitabalans. Potential risks are concerns for which an association with the use of this medicine is possible based on available data, but this association has not been established yet and needs further evaluation. Missing information refers to information on the safety of the medicinal product that is currently missing and needs to be collected (e.g. on the long-term use of the medicine);

List of important risks and missing information	
Important identified risks	None
Important potential risks	None
Missing information	None

II.B Summary of important risks

The safety information in the proposed Product Information is aligned to the newest knowledge.

II.C Post-authorisation development plan

II.C.1 Studies which are conditions of the marketing authorisation

There are no studies which are conditions of the marketing authorisation or specific obligation of Melatonin Vitabalans.

II.C.2 Other studies in post-authorisation development plan

There are no studies required for Melatonin Vitabalans.